

# The Torch

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The Board of Directors of Catholic Health International held a Strategic Planning retreat on March 23rd and 24th, 2015 at the Rodd River Inn, Miramichi, NB

### Strategic Plan 2015-2020



The Board of Directors of Catholic Health International held a mini retreat in March of this year to review/revise/renew a Strategic Plan for the organization. This event entitled *Bracing the Future* examined the previous plan, the actions taken, and studied and recommended organizational and structural changes setting goals and objectives to meet the challenges by Region Health Authorities, Provincial Governments, Local Integration Health Networks, etc. Over the coming months management of CHI will be seeking input from participants and will provide an update on the development of the plan in future issues of The Torch.

A new Mission Statement was approved by the Board of Directors of Catholic Health International:

#### NEW MISSION STATEMENT

**CATHOLIC HEALTH INTERNATIONAL IS COMMITTED TO THE HEALING MINISTRY OF JESUS IN THE SPIRIT OF THE FOUNDING SISTERS**



### Prestigious Designation Recognizes Hotel Dieu Hospital as a Change Leader

On April 16, Hotel Dieu Hospital officially received its Best Practice Spotlight Organization (BPSO®) Designation at a ceremony in Toronto. Recognized worldwide, the new designation is the result of a three-year initiative during which the hospital implemented and evaluated five Best Practice Guidelines (BPGs) developed by the Registered Nurses' Association of Ontario and based on the latest evidence and research. Hotel Dieu focused on five areas of patient care: enhancing client-centred care; preventing falls and related injuries; assessing and managing pain; reducing foot complications for people with diabetes; and assessing and managing foot ulcers for people with diabetes. Over the three years, five interprofessional teams dedicated themselves to implementing the BPGs, putting into place everything from new assessment practices to patient education materials to staff training modules. The BPGs are now fully incorporated into the hands-on practice of hospital nurses and allied health professionals, enhancing patient care and safety and also the quality of the work environment.



### Upcoming Fall Leadership Session

Hotel Dieu Shaver St. Catharines will be hosting the upcoming fall leadership session on October 8th and 9th 2015. Dr. David Kuntz of Berkley, California has been invited as keynote speaker. Dr. Kuntz is the author of several books including: *Stopping – How to Keep Still When You Have To Keep Going.* Other books: *Nothing's Wrong; Doing Nothing;* and *Everyday Serenity.* He was also involved with Richard Carlson in writing: *Don't Sweat The Small Stuff.*

## SISTER OF CHARITY CELEBRATES 50<sup>TH</sup> ANNIVERSARY

Submitted by Sisters of Charity, I.C.

SAINT JOHN – Among family, friends and members of her religious community and Associates, Sister Anita Holmes celebrated her 50<sup>th</sup> anniversary of religious life June 28 in Saint John. Relatives came from Noonan and Moncton, N.B., as well as Quebec, Alberta and Pennsylvania.

Originally from Juniper, N.B., Sister Holmes entered the Sisters of Charity of the Immaculate Conception (SCIC) in Saint John in 1965, at a time when the Second Vatican Council brought sweeping changes to church and religious life. After earning a diploma as a registered nurse from the St. Martha's Hospital School of Nursing in Antigonish, N.S., she nursed at Holy Family Hospital in Prince Albert, Sask. from 1971-77.

Back in Saint John, she nursed at St. Joseph's Hospital from 1977-81 and again from 1983-87, serving as night supervisor and head nurse on the surgical ward. She also earned a bachelor of nursing degree from the University of Alberta in Edmonton and a master's degree in health administration from Dalhousie University in Halifax.

Sister Holmes was administrator of Rocmaura Nursing Home in Saint John from 1989-2002. During this time, she was elected part-time team member on the SCIC leadership circle from 1994-98.

After retiring from Rocmaura, Sister Holmes obtained a certificate in culture and spirituality in 2003 from Holy Names University in Oakland, Calif. Moving to Downtown Eastside Vancouver, B.C., she ministered from 2003-10 among persons who were homeless, involved in the sex trade or living with HIV-AIDS. A certified chair massage practitioner, she offered therapeutic comfort and relief to many who were suffering.

Sister Holmes remained in Vancouver while serving part time on the SCIC leadership circle from 2006-2010. She then returned east after being elected as first assistant to the SCIC congregational leader from 2010-14. She was SCIC representative on the board of the North American Sisters of Charity Federation from 2006-14.

Sister Holmes received the 2011 Performance Citation Award from the Catholic Health Association of New Brunswick. Her interests include walking, reading, doing puzzles and line dancing. During a reception after the liturgy, she expressed thanks to all who prepared for the occasion and celebrated with her.

Recently, with Sister Celene Hurley, she founded Oasis drop-in centre for women at Outflow Ministry in the Waterloo Village neighbourhood of Saint John. She continues to serve her religious community through memberships on the boards of Rocmaura Nursing Home and St. Joseph's Hospital Advisory Committee, as well as Catholic Health International.



*Sister Anita Holmes (SCIC photo)*

## CATHOLIC LEADERSHIP FORMATION PROGRAM



*Students in the classroom for Catholic Leadership Formation Program Module 1 held in Saint John, NB on May 6, 7 and 8, 2015.*

### **Catholic Leadership Formation Program—French**

Module 2 Sept 23, 24, 25, 2015

Location: Villa Madonna, Saint John

### **Catholic Leadership Formation Program— English**

Module 1 October 20—23, 2015

Module 2 May 3—6, 2016

Location: Villa Saint Martin, Montreal

The English program is full but plans are underway for the next English Program. Registrations are now being accepted.

### **Plenary Session held In Montreal**

Catholic Health International held its plenary session for CEO/Administrators and Managers along with Board / Advisory Chairs on April 9th and 10th.



Keynote Sir. Mary Haddad spoke on "Stewarding the Ministry in Times of Change"



Keynote Fr. Francis Morrissey spoke on "Sponsorship and Canon Law"



Keynote Dr. Robert Howard spoke on "Leadership in Catholic Healthcare: St. Michael's Hospital Experience"

### **IMPORTANT DATES AND EVENTS!**

#### **Catholic Health International**

##### **Board of Directors Meetings**

September 10th, 2015

January 20th, 2016

March 16th, 2016

May 11th, 2016

June 22, 23 & 24th 2016—ANNUAL

