

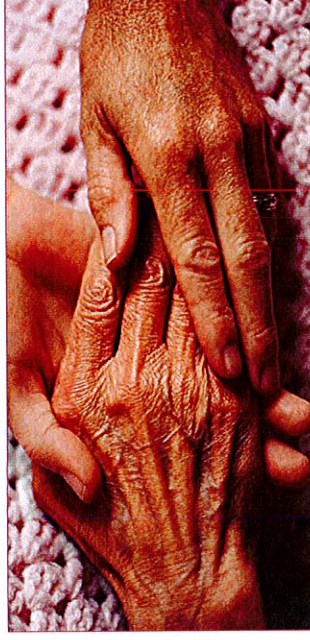


Our Spiritual Health team values and acknowledges each person's cultural and religious heritage and are committed to providing for the spiritual and religious care needs of residents and their families, staff and volunteers.

**For more information or for any questions,
please contact:**

We respond to all spiritual and emotional care needs including:

- when residents seek sources of hope, meaning, comfort, strength;
- issues of forgiveness, unresolved conflicts, life review or to address issues of faith;
- struggles with anger, despair, hopelessness, or loneliness;
- dealing with fear and concerns about death.



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Spiritual Health Specialist

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Spiritual Health

*...nurturing the spiritual well-being
of each individual*

Spiritual Health at SJCCC

Spiritual Health at SJCCC aims to provide compassionate care to residents and family members, being attentive to their spiritual and emotional needs.

As a multi-disciplinary health care team, each caregiver works closely with each other to enhance care and quality of life.

Our goal is to help individuals find meaning and a sense of hope in their experience.



Spiritual Health Services

Daily Mass, 10:00am
(except Saturdays)
in Jeanne Mance Hall

Ecumenical Prayer Services
(1st and 3rd Wednesday
of the month)

*Please note schedule is subject to change.
Notices will be posted when any changes occur.*

Additional programs include:

One-on-one visits
Prayer (1-1 or groups)
Meditation
Scripture readings and reflections
Hymn sings
Recitation of the Rosary
Life Reviews/Spiritual Autobiographies
Memorial Services (May & Nov)

Available resources include:

Meditation & other books and CDs
Prayer & reflection cards
Finger labyrinth
Hug shawls
Rosaries

Spiritual Health Team

The Spiritual Health Specialist:

- ◆ Provides one-to-one visits for prayer, counseling and guidance
- ◆ Leads small groups and reflections (including recitation of the rosary)
- ◆ Organizes ecumenical prayer services and other events (such as Memorial Services, Room Blessings)
- ◆ Key member of Palliative Care team

Sacramental Ministry:

Our resident Roman Catholic priest, Fr. Raymond Dumoulin provides the following services

- ◆ Daily Mass at 10:00am (except Saturdays)
- ◆ Sacramental ministry upon request (sacrament of sick, visitations)

Shared Ministry:

Professional ministry of SJCCC patients and residents is shared with local religious and spiritual caregivers who are welcome to visit with any resident with his or her permission. The Spiritual Health team is also assisted by several congregation/parish based lay volunteers.

