



THE TORCH

The Newsletter of Catholic Health International

BISHOP CHAMPAGNE JOINS THE CHI BOARD OF DIRECTORS



The Catholic Health International Board of Directors is pleased to announce that Msgr. Claude Champagne has joined the Board. Bishop Champagne is originally from Lachine, Québec. He was ordained in 1975 as an Oblate of Mary Immaculate. He studied philosophy and theology in Ottawa before earning a doctorate in mission studies at the Gregorian University in Rome. He was a professor at Saint Paul University, Ottawa, and was the provincial superior of the Ontario and Western Québec province of the Oblates of Mary Immaculate from 1996 to 2003. He was appointed Auxiliary Bishop of Halifax in 2003, and on January 5, 2009, he was appointed Bishop of Edmundston in New Brunswick. He has been a member of the Catholic Health Association of New Brunswick Board of Directors since 2017. CHI is very pleased that he will be joining our Board of Directors and we look forward to working with him.

PARTNERS IN MISSION FOOD BANK RECOGNIZED

Partners in Mission Food Bank in Kingston ON was recently named a 2022 Top 10 Impact Charity by *Charity Intelligence* a national charity rating agency. *Charity Intelligence* focuses on measuring the financial efficiency of Canadian charities. In 2021 Partners in Mission Food Bank was named a Top 10 Canadian Food Bank. At PIM, 94 cents of every donated dollar goes towards their food hamper program. Catholic Health International offers congratulations to the PIM volunteers, staff and Board of Directors for this wonderful acknowledgement of their impact on the greater Kingston community.



ALSO IN THIS EDITION

- SPOTLIGHT - 2
- HSMDC MANAGER OF HOSPITAL ACTIVITIES - 3
- HDH AWARDS DAY - 3
- FALL CONFERENCES - 4
- RHSJ 150TH - 5
- ADVENT 2022 - 6
- RESIDENTIAL HOSPICE - 6
- IMPORTANT EVENTS - 6

SPOTLIGHT



DINA HACHE: BOARD MEMBER

Dina has recently retired as the Facility Representative at St. Joseph Community Health Centre in Dalhousie, NB after more than 36 years in health care in the Restigouche region of New Brunswick. A graduate of the Bachelor of Science in Nursing from the Université de Moncton in 1986, Dina has a lifelong passion for serving her community.

Spotlight

Each month, in this column, we will introduce you to one of the members of the Catholic Health International Board of Directors. Dina Hache joined the Catholic Health International Board of Directors in 2022.

SPOTLIGHT QUESTIONS

Where did you grow up and how large was your family?

I was born and raised in New Brunswick (Canada) on Lamèque Island in the community of Cap-Bateau. This place is known for its soft rocks that change shape with the tides and storms. I am the third of a family of 6 children (3 boys and 3 girls).

What is your favourite food?

Any dish with seafood and shellfish. I also have a weakness for sushi, Korean and Vietnamese food.

What's your favourite travel destination?

No particular preference, I like places where I can learn about the local culture. I always look for places where there is water and an amazing view.

What kind of music do you listen to?

Pop, hip-hop, soft rock, disco, Latin, country

How do you relax?

My best relaxation is being on a boat, sailing, listening to the sound of the sea and looking at the horizon.

What was your happiest moment?

The birth of my two boys.

What is the toughest job you've done?

The hardest job was shucking crab at the factory. My dad really wanted me to go to university (lol)... I tip my hat and respect to the people who do this hard work.

How did you become involved in Catholic healthcare?

I started my career as a nurse at St. Joseph's Hospital in Dalhousie where I learned about the involvement of religious congregations in the development of our Canadian health care system. In 2008, I temporarily took over the role of Administrator of St. Joseph's Community Health Center (former hospital), and it would become a permanent role in 2011. I saw the importance of continuing the mission and vision of our Founding Sisters through Catholic Health International. Upon my retirement in June 2022, Sr. Boudreau, well due for retirement, asked if I could replace her on the Board of Directors of Catholic Health International, which I enthusiastically accepted. I believe we owe a great deal to these ladies who have made sure that everyone has equal access to health care.

What do you enjoy most about being on the CHI Board of Directors?

Interacting with committed people, being part of a big, humble, non-judgmental family that cares about the health of all.

What is something that people would be surprised to know about you?

Having parents who knew how to do everything, I am very hands-on and I can do many things. A repair, a screwdriver, a hammer, a kitchen, cleaning a fish, shucking shellfish, a sewing grinder, a paint brush, a paint bucket, a measuring jug does not intimidate me. I have made almost all of my maternity clothes. I would rather work at a hardware store than a linen store.

MANAGER OF HOSPITAL ACTIVITIES AT STELLA-MARIS-DE-KENT HOSPITAL



Phylomène Zangio

Catholic Health International, Stella-Maris-de-Kent Hospital Advisory Committee and Vitalité Health Authority are pleased to announce that Phylomène Zangio had been appointed the new Manager of Hospital Activities at Stella-Maris-de-Kent Hospital. A resident of Moncton for more than 30 years she is well known for her community involvement in multiculturalism, women's equality, poverty and social inclusion. Welcome Phylomène to the CHI family.

CHI VOLUNTEER EXCELLENCE AWARD PRESENTED AT AWARD CELEBRATION AT HOTEL DIEU HOSPITAL



Hôpital
Hotel Dieu
Hospital

Award winners: (front row, l-r): Stephanie Samms, Program Manager, Ambulatory Services, accepted the Jerome Le Royer Award on behalf of the Heart Function Clinic team; Brittany McGonegal received the Jeanne Mance Award; and Linda Riley was honoured with Catholic Health International's Volunteer Excellence Award.

On November 8th, Hotel Dieu Hospital in Kingston ON celebrated their Annual Awards Day. This year's recipient of the Catholic Health International Volunteer Excellence Award for her commitment to volunteerism was Linda Riley. She was a former RN at the hospital and has been volunteering at the Information Desk and as a Clinic Ambassador. The recipient of the 2022 Jeanne Mance Award, which recognizes individual achievement in living the HDH Mission, is Brittany McGonegal, Attendant in the Detoxification Centre. The Heart Function Clinic Team is the winner of the 2022 Jerome Le Royer Award, which honours teams who embody a strong spirit of collaboration. Sister Marilyn Larocque, RHSJ summed up the spirit of the annual awards as an expression of people "seeing with their eyes and acting with their hearts." Congratulations to the Award recipients and all those who were nominated.

Adapted from an article by Anne Rutherford, public relations specialist at HDH (KHSC)

FALL CONFERENCES



Catholic Health Association of Ontario

Association Catholique de la Santé de l'Ontario

On Thursday October 20, the Catholic Health Association of Ontario held its Annual (Virtual) Conference. Members of Catholic Health International sponsored facilities were invited to participate in the conference. The conference theme was "Catholic Healthcare: Healing from Within Through our Culture and Values of treating Body, Mind and Spirit."

The presenters included Kris Ann Piazza, from the Huron Consulting Group on "Healing through purposeful appreciation," Ed Mantler, Vice President Programs & Priorities, Mental Health Commission of Canada on "Caring for Caregivers: Supporting Psychological Health," Adam Shaen, Vice President, People, Mission & Values, St. Joseph's Care Group, Thunder Bay on "Lessons Learned in HHR during the Pandemic" and Margaret McKinnon from McMaster University and St. Joseph's Healthcare, Hamilton on "Mental health impacts of COVID-19 on Canadian healthcare workers: Moral injury and beyond."

Over 20 participants attended this excellent conference from CHI Sponsored facilities. As part of a reciprocal agreement between the CHAO and CHANB, CHAO members were invited to participate in the CHANB French workshop that was held a few week later.



Catholic Health Association of New Brunswick

Association Catholique de la Santé du Nouveau-Brunswick

On November 17, the Catholic Health Association of New Brunswick hosted Rachel Robichaud, from STUDIO MIEUX-ÊTRE in Tracadie New Brunswick, for a virtual workshop titled "Je Choisis...Moi" (I choose...Me). The French workshop was a partner presentation to the CHAO's English Virtual conference that was held a few weeks earlier. This two-hour interactive workshop had 35 participants.

Rachel explored a variety of concepts with participants to help them get to know themselves better and promote self care in a time when there are many demands on caregivers. Rachel encouraged participants to explore the concept of "joyfully occupying your place." The feedback from participants was very positive and we look forward to working with Rachel in the future.

Thanks to Nadia Losier from L'Accueil Sainte-Famille and Lise Guerrette Daigle, chairperson of the CHANB Board of Directors, for their help in presenting this workshop.





RELIGIOUS HOSPITALLERS OF ST. JOSEPH RECOGNIZED FOR 150 YEARS OF SERVICE



Sister Yvonne Thibodeau, left, and Catholic Health International President and CEO Robert Stewart unveil a commemorative bench honouring the Religious Hospitallers of St. Joseph at St. Michael's Basilica

Recently the community of Miramichi New Brunswick, with Mount St. Joseph and Catholic Health International in particular, celebrated the over 150 years of work of the Religious Hospitallers of St. Joseph, who arrived in the area in 1869. A commemorative bench was unveiled at St. Michael's Basilica, one of the many places that the RHSJs ministered to over the years. Hotel Dieu Hospital, St. Michael's Academy, St. Ann's Home followed by Mount Saint Joseph, were just some of the other ministries that the sisters established in the area.

"We're very grateful for this," said Frank Trevors, president of the Mount St. Joseph Board of Directors. "Things like this will stay with us for a long time." Trevors said the bench was supposed to be unveiled in 2020 to celebrate the Religious Hospitallers' 150th anniversary a year earlier, but it was delayed due to pandemic restrictions. He said Sister Yvonne Thibodeau spearheaded the project.

Dr Robert Stewart, President and CEO of CHI noted during his presentation at the unveiling that "this year marks an extraordinary 153 years of caring for our community with a unique and enduring blend of compassion, respect, dignity, social justice and excellence in health care. Today we honour our founders, the Religious Hospitallers of Saint Joseph, who have entrusted us with a legacy of service to all those who are vulnerable and marginalized." Congratulations to the RHSJs from the Catholic Health International Staff and Board of Directors.

Advent
2022

HOSPITALITY



The Catholic Health Association of the United States is, once again, offering resources to support us through our Advent journey. As we prepare ourselves for the celebration of the birth of Christ, we invite you to discover the spiritual practice of hospitality as a profound, subversive act of love — where in every encounter, God's transforming presence dwells.

Each week of Advent, CHAUS will offer an engaging spiritual smorgasbord to encourage you to live with more intention as you practice hospitality — in your heart, your home, your workplace and your community. May you and your health care colleagues find nourishment and hope in the days ahead through our offering of prayers, scriptures and reflections, stories, recipes, podcast episodes and music.

[Link to Advent Resources](#)

RESIDENTIAL HOSPICE TO OPEN AT MOUNT SAINT JOSEPH

Hospice Miramichi Inc. (HMI) recently announced that a residential hospice will be opening in 2023 to serve the greater Miramichi area. It will be established on a dedicated and private floor in the Mount St. Joseph building. This new service will have the capacity to provide hospice care for up to four patients and will also offer two respite beds. Residential hospice provides patients in the end stages of living with an alternative to hospital care or when care at home is no longer the best option. Residential hospice care is provided in a home-like atmosphere by palliative health care professionals with family members invited to be an active part of the palliative care team if they so choose. Support for family is also an integral part of hospice care and this will be part of our new service.

Hospice Miramichi is looking forward providing this service to the people of greater Miramichi and Catholic Health International congratulates them on this exciting news.



IMPORTANT DATES & EVENTS

CHI Board Meeting Dates

December 14, 2022 (Corporate & Board)
January 11, 2023 (Corporate)
March 8, 2023
April 5, 2023 (Corporate)

Leadership Council - Montreal PQ
April 27, 2023

CHAC Virtual Annual Conference

Get to the Heart of It:

Being - Caring - Doing

May 11 & 12, 2023

Leadership Formation Program

English Program

Module 1 of the 2023-2024 English Program will be held in Mississauga ON June 20-23, 2023 (registrations full - waiting list in place)

French Program

Module 1 of the 2023-2024 French Program, will be held in Tracadie NB September 2023 - exact dates to be determined (registrations are now being accepted)

[REGISTRATION FORM](#)



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