# THE TORCH



The Newsletter of Catholic Health International

# **JOURNEY THROUGH LENT**





The Canadian Conference of Catholic Bishop's Office for Evangelization and Catechesis, in collaboration with the National Liturgy Office and the Office national de liturgie, launched the 2024 video series titled *Journey Through Lent*. (Click on this link to access the videos) Geared to individuals, families, and communities, this series is meant to offer spiritual inspiration and guidance on how to prepare well for the Easter season.

The Catholic Health Association of the United States also released Lenten resources. *Slow & Simple: Contemplations for the Lent and Easter Season* is a 14-week series of reflective images and meditations offers meaningful ways to journey through Lent and Easter.

LENTEN REFLECTIONS



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# SPOTLIGHT

## ROBERT CREAMER, KC - BOARD MEMBER



Robert M (Bob) Creamer, KC is a husband and father of four and grandfather of four. He has been a leader in the law firm of Lawson Creamer, based in Saint John NB, since 1989. His practice focuses on commercial litigation and business insolvency law. He has been recognized by his peers for his high caliber work in these areas for the past number of years in the annual editions of *The Best Lawyers in Canada*, including 2024. He is past President of the Law Society of New Brunswick and Past President of the Atlantic Provinces Trial lawyer association. He is a member of the Ontario Trial Lawyers Association. He

### **Spotlight**

Each month, in this column, we will introduce you to one of the members of the Catholic Health International Board of Directors. Robert Creamer became a member of the Catholic Health International Board of Directors in June 2022.

studied mediation at Harvard Law school. Prior to being a practicing lawyer, he worked in the oil and gas industry in Western Canada. Apart from the few years out west, he has spent most of his life living in New Brunswick. He has been involved in many community projects and organizations over the years including the Kidney Foundation of Canada, the Saint John Foundation and the Saint John Airport Inc. In 2014, Bob was honoured to receive a Queen's Counsel designation.

#### Where did you grow up and how large was your family?

I was born in Shediac NB but spent the majority of my growing up years in Saint John NB. I grew up in west Saint John with my six sisters and two brothers.

#### What is your favourite food?

Salmon and other freshly caught fish.

#### What's your favourite travel destination?

Nantucket Island with my family.

#### What kind of music do you listen to?

All kinds of music and am particularly fond of folk, rock, rockabilly, and a particular affinity for John Prine.

#### How do you relax?

Boating with family, fishing, hiking and motorcycling.

#### What was your happiest moment?

The day I married my wife Barb.

#### What is the toughest job you've done?

Overall it was the day I let my wife Barb know that her father has passed away. As a young person it was unloading freight cars and as an adult it was when I was NB counsel for 52-day trial.

#### How did you become involved in Catholic healthcare?

Long story. Asked by CHI (Bob Stewart) to sit on Horizon Board of Directors, one of two health authorities in NB. A few days after my first Horizon meeting, the board was disbanded by the provincial government. Bob Stewart requested that I sit on CHI.

#### What do you enjoy most about being on the CHI Board of Directors?

Learning about the CHI operations and the working together and comradeship of the members of Board of Directors.

#### What is something that people would be surprised to know about you?

I write stories and while certainly not a renowned street fighter, I learned to fight and found myself involved in many physical altercations in my youth.

# **COMMUNITIES OF PRACTICE**

In the past month two Communities of Practice met for the first time. As part of the CHI Centre for Excellence in Leadership the Ethics Pillar and the Spiritual and Religious Care Pillar hosted two Journal Clubs with representation from many of the CHI Sponsored Facilities. The purpose of these Communities of Practice is to explore an area of expertise and to give those working in the field an opportunity to discuss issues with other colleagues. On February 6th the Ethics Communities of Practice met virtually with 17 participants from 13 CHI Sponsored facilities attending. Lucie Lombardo, CHI Board member





and CHI Ethics Pillar member led the discussion on "The ethics of recruiting international health-care workers: Canada's gains could mean another country's pain" by Margaret Walton-Roberts & Ivy Lynn Bourgeault. On February 21st, the Spiritual and Religious Care Communities of Practice met viturally. There were 17 participants from 12 CHI Sponsored facilities in attendance. Kelly Collins, Spiritual Health Director at Kingston Health Sciences Centre (Hotel Dieu Hospital) and CHI Spiritual Care Pillar member led the discussion on "What is Quality Spiritual Care in Health Care and How Do You Measure It?" from Health Care Chaplaincy Network. The participants enjoyed the discussion and the opportunity to meet others working in the same field. The next Communities of Practice gathering will be for those working in Mission on April 9th.

# Spiritualitésanté La référence sur les questions qui évoluent à l'intersection des champs de la spiritualité et de la santé

Several times a year the Center Spiritualitésanté de la Capitale-Nationale publishes its newsletter "INFOLETTRE" of which the Centre Hospitalier Universitaire de Québec and Université Laval are the trustees.

The latest edition of this French newsletter is available by following this **LINK.** 





February is Black History month in Canada and African–American History Month in the United States. Several CHI facilities are participating in celebrations and educational events. This year, Hôtel–Dieu Grace Healthcare in Windsor ON, has highlighted the work of Martin Tompson, their Manager of Equity, Diversity and Inclusion. You can find the interview with him by following this *LINK*. It is part of their series of "Faces at HDGH."



## **IMPORTANT DATES AND EVENTS**

### **CHI Board Meeting Dates**

March 13, 2024 (CHP Board)
May 3, 2024 (Partners in Mission AGM)

## **CHANB Board Meeting Dates**

May 15, 2024

## Centre for Excellence in Leadership Meeting Dates

VIA Pillar Leadership Pillar Mission Communities of Practice & Pillar Meeting Ethics Pillar Meeting Spiritual Care Pillar March 19, 2024 March 27, 2024

April 3, 2024 (Corporate)

May 22, 2024 (CHP Board)

April 9, 2024 April 23, 2024 May 16, 2024

#### **CHAC Annual Conference**

Get to the Heart of It: Being, Caring, Doing Meaningful Connections and Actions May 8-10, 2024

### **Leadership Formation Program**

English Program
Module 2
June 25-27, 2024 in
Mississauga, Ontario
Registrations full
Waiting list in place

French Program
Module 2
September 24-26, 2024 in
Tracadie, New Brunswick
Registrations full
Waiting list in place

#### **ENGLISH REGISTRATION FORM**

FRENCH REGISTRATION FORM

If you have any questions please contact CHI's Director of Education Heather Oakley at hoakley@chpchi.com.